

Jingle & Jog raises money for Haven

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Runners participating in the 16th annual Jingle & Jog 5K Road Race will raise money and awareness for Community Haven for Adults and Children with Disabilities Inc.

The event, which is sanctioned by the Manasota Track Club, will start and end Saturday at Community Haven, 4405 DeSoto Road, Sarasota. Registration is at 7 a.m., and the race starts at 8 a.m.

Place finishers will receive medals. All participants will receive a T-shirt, goody bags, healthy snacks and beverages. There also will be a Haven Creators Art Show and prize drawings.

In its 60th year, Community Haven serves more than 700 people who have physical and developmental disabilities and their families

All registration fees will be matched by The Fry Family Foundation. To register online, go to www.communityhaven.org or call Anny Barker Scheffler, race coordinator, at 355-8808, Ext. 258.